As you explore the Fay-Luther Trail System, use this guide and the signs on the Interpretive Loop to discover the wonders of the area. Find the objects and do the activities in order or mix them up. Have fun!

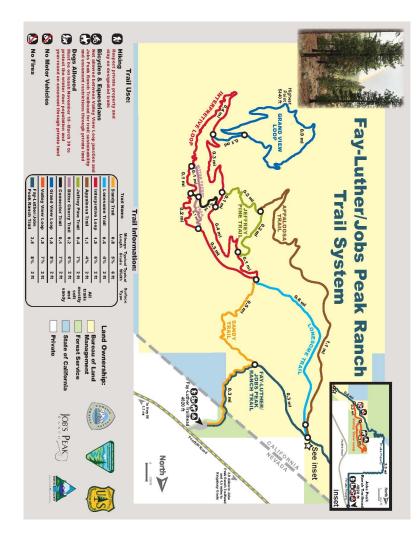
- Find the largest Jeffrey Pine. Use your arms stretched out to measure. Don't forget to sniff its bark while you are measuring. That butterscotch smell will tell if it's a Jeffrey. Check out one of its pine cones. "Gentle" Jeffrey's huge cones won't poke your fingers.
- Are there any Bitter Cherries left in the Bitter
  Cherry grove? Can you spy who has been
  eating them?
- Five rocks cross the stream running along-side the Interpretive Loop. Which rock makes the best seat? Take off your shoes and sit a bit.
- Meet a Piñon Pine tree. It has thick, single needles that are grayish green and much shorter than Jeffrey's long needles of 3.
- Sit in silence for 1 minute. How many different sounds did you hear? Who or what made those sounds? Go investigate!
- How many Sugar Pine trees can you find on the Grand View Loop? Stand at the large gray rock on the upper start of the loop and look straight ahead. The large tree in the distance with the long, drooping cones is a Sugar Pine. Its needles are in groups of 5.

- How many different colors, letters, numbers or geometric shapes can you find in the natural objects around you?
- A rock the size of a house??? Head north on the Fay-Luther/Jobs Peak Ranch Trail. You will see it to your right before the junction of the Valley View Loop. How did it get here? How much does it weigh? (Hint: 1 cubic foot of granite = about 160 to 170 pounds.)
- The Canyon Live Oak is a one-of-a-kind tree on the Fay-Luther/Jobs Peak Ranch Trail. Before you cross that stream, look to your left. Maybe one day there will be more.
- Stand with one foot in California and one foot in Nevada. Look for the marker close to the Fay-Luther trailhead. How cool is that?
- Use natural materials such as sticks, pebbles and dirt to make a map of where you are.
- Do noisy Clark's Nutcrackers talk with their mouth full, too? This large gray, black and white bird is busy gathering Pine nuts and seeds. It can carry 70 or more seeds in its sublingual (under the tongue) pouch!
- $\Box$  Find a place where an animal made a home.
- Spy on a bug. If you have to look under a log or rock, be sure to carefully put it back when you are done.

Use this space to write down a trail treasure that YOU find or to draw a picture of something interesting that you see on the Fay-Luther Trail.

### Fay-Luther/Jobs Peak Ranch Trail System

The Fay-Luther/Jobs Peak Ranch Trail System offers 9 miles of non-motorized loop and connector trails, including the educational Interpretive Loop trail. The trails are open to hikers, equestrians, mountain bikers and dogs, with the exception of the trail segment between the Jobs Peak Ranch Trailhead and the Valley View Loop which is only open to hikers and leashed dogs.



## Hiking with Kids

Hit the trail with your family and make some great memories! Here are some tips from the American Hiking Society (<u>www.americanhiking.org</u>) to make hikes "kid-friendly:

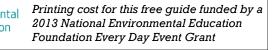
- Have fun and be flexible.
- Give the kids some control. Let them set the pace and make some choices along the way.
- Bring snacks and plenty of fluids.
- Dress yourself and your
  children in layers and wear sturdy shoes.
- Pick a short, interesting hike and allow lots of time.
- Teach, sing and play games with your kids.
- Safety first! Consider giving each child a safety whistle and discuss how and when they should use it. Children sometimes "get it" better if they're told to use the whistle to "find Mom or Dad" rather than if they're lost, since being "lost" isn't always readily apparent to them.

#### Leave No Trace Principles for Kids

- Know Before You Go
- Choose The Right Path
- Trash Your Trash
- Leave What You Find
- Be Careful With Fire
- Respect Wildlife
- Be Kind To Other Visitors

The member-driven Leave No Trace Center for Outdoor Ethics teaches people how to enjoy the outdoors responsibly. This copyrighted information has been reprinted with permission from the Leave No Trace Center for Outdoor Ethics: <u>www.LNT.org</u>

National Environmental Education Foundation Knowledge to live by



# Fay-Luther Trail Treasures



## Created by the Carson Valley Trails Association



CVTA is a volunteer based nonprofit organization working with partners to provide access to public lands through a recreational trail system for present and future generations to enjoy.

> For more information, visit the CVTA website: www.carsonvalleytrails.org

