



# HIKE FOR HEALTH TRAIL ADVENTURE DAY

**Saturday, September 20 - 8 a.m. to 1:30 p.m.**

**Adventures & Fun for All Ages — FREE!**

## At The Nature Conservancy's River Fork Ranch on Genoa Lane

### **8 a.m. Identifying Birds of the Carson Valley Hike**

Led by Jim Woods from Birding Under Nevada Skies.

### **9 a.m. to Noon. Art Activities and Trail Treasures**

Discover the wonders of River Fork Ranch with Genie Littlebeaver and Joni Jackson, CVTA board members.

### **10 a.m. Explore River Fork Ranch Bike Ride (Bring your own bike!)**

Led by Norah Gastelum CVTA board member. (2 to 4 miles)

### **Noon to 1:30 p.m. BBQ Lunch—Free for CVTA members**

Donation requested from non-members—\$5 adults; \$3 children.

## At Fay-Luther Trailhead on Foothill Road

### **8 a.m. Forest Mysteries — "Bugs and Crud" (1 mile, easy)**

Presented by Gene Phillips, Nevada Forestry Tree Health Specialist.

### **10 a.m. Glacier & Earthquakes in Your Backyard**

Learn about geology of the Carson Valley. Led by Peggy Risorcelli, CVTA member and geologist. (1 to 3 miles, easy/moderate)

### **8 to 11:30 a.m. Fay Luther Trail Treasures**

Discover the wonders of Fay-Luther Trail on your own using CVTA's "Fay-Luther Trail Treasures" guide.

## At Genoa Canyon Trail

### **8 a.m. Genoa Canyon Hike** led by Steve Hale, CVTA board member.

(4 to 6.5 miles, moderate/strenuous. Meet at Genoa Canyon Trail access at the end of Carson St. in the Town of Genoa.)

## Minden History Walk

**9 a.m.** Learn about the rich history of Minden with Charlotte Settlemeyer Bass. (Meet at the Minden Gazebo.)

All participants must register onsite and sign a waiver and release agreement. Parent or guardian signature required for participants age 17 and under. Bring water, hiking poles, hat and sunscreen. Please do not bring dogs to this event.

**More Information: 775-265-0766 or  
[www.carsonvalleytrails.org](http://www.carsonvalleytrails.org)**

